



GET TOGETHER

Gather around the table and have some fun!

- What three things are the most important to you?
- If you could go to Starbucks with anyone from the Bible, who would it be and why?

GET TALKING

Read today's **Big Idea**, then use the questions to get everyone talking.

Work on memorizing the **Bible Verse** together.

***Note to Parents:** Encourage everyone to share because everyone's story is important, but depending on the age and personality of your family members, you may not get much of a response. Give your family time to let the question "soak in" and the space to respond when they are ready. You can guide the conversation and be the first one to share.

BIG IDEA God is faithful, which means He always keeps His promises. We can trust God and His Word. David tells us in Psalm 145:13, "The Lord is trustworthy in all he promises and faithful in all he does."

Use these questions to talk about God's faithfulness in your life.

- How did it make you feel when someone broke a promise to you?
- What is one way a person can build trust with a friend?
- How has God shown His faithfulness to you or your family?

BIBLE VERSE FOR THIS WEEK

*Trust in the Lord with all your heart and lean not on your own understanding;
in all your ways submit to him, and he will make your paths straight.*

PROVERBS 3:5-6

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Here is an idea for having fun as you read the Bible verse out loud.

- **Bible Verse Hunt:** Write each word of the Bible verse on a separate piece of paper. Then hide the words around the table or around the room. Everyone at the table hunts for the words, then works together to put the verse in order and say it aloud.

GET GOING

Watch the video at livingontheedge.org/mealtime-conversations about “Exploding Promises” and talk through these questions.

- Would you trust anything Jack Thomas had to say? Why or why not?
- What promises does the “world” make? Can you trust those promises? Why or why not?
- Below are four practical ways we can trust God this week. Which one might you be able to do this week?
 - Put past mistakes behind you by saying you are sorry to God.
 - Bring your problems, worries, and pain to God.
 - Put your hope for the future in God, rather than the world.
 - Tell someone how God has been faithful to you.

