## How to Raise a Healthy Family in a Modern World (Part 2)

How to Raise Godly Kids in an Ungodly World Psalm 127:1-5

## Introduction: What counsel would you and Theresa pass on to parents and grandparents?

- <sup>1</sup> Unless the LORD builds a house, the work of the builders is wasted. Unless the LORD protects a city, guarding it with sentries will do no good.
- <sup>2</sup> It is useless for you to work so hard from early morning until late at night, anxiously working for food to eat; for God gives rest to His loved ones.
- <sup>3</sup> Children are a gift from the LORD; they are a reward from Him.
- <sup>4</sup> Children born to a young man are like arrows in a warrior's hands.
- <sup>5</sup> How joyful is the man whose quiver is full of them! He will not be put to shame when he confronts his accusers at the city gates.

Psalm 127:1-5

Children are a	from the	Lord!



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### 3 Questions that have shaped our parenting & grandparenting

1.	What's my #1?
	Fathers, don't over-correct your children or make it difficult for them to obey the commandment. Bring them up with Christian teaching in Christian discipline.
	Ephesians 6:4 (J.B. Phillips Translation)
	The principle of
	God's dream vs. the American dream for your child
2.	What's my #1?
	<sup>14</sup> I am writing this not to shame you but to warn you as my dear children. <sup>15</sup> Even if you had ten thousand guardians in Christ, you do not have many fathers, for in Christ Jesus I became your father through the gospel. <sup>16</sup> Therefore I urge you to imitate me.
	1 Corinthians 4:14-16
	The principle of



"More is caught than taught"

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3.	What's my #1	?		
		er cares for her children, <sup>8</sup> so we were delighted to share v well.		
			1 Thessalonians 2	:7b-8
	-	dealt with each of you as a to comforting and urging you to comform and glory.		
			1 Thessalonians 2:1	11-12
	<ul> <li>The principle of _</li> </ul>			
	Parent's Lifestyle		Child's Lifestyle	
	Values + Beliefs	Strength of Relationship	Values  + Beliefs	



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### 8 "keys" that build relationships that bond

Express unconditional	al	5. Consistent	
2. Scheduled		6. Meaningful	
3. Focused		7. Have	together
4.	contact	8	together often

### Maybe post this in a handy place:

Remember	
Express unconditional <u>LOVE</u>	Consistent COMMUNICATION
Scheduled <u>TIME</u>	Meaningful <u>TOUCH</u>
Focused <u>ATTENTION</u>	Have <u>FUN</u> together
EYE contact	PRAY together often



### **Discussion Questions:**

1.	On a scale of 1 to 10, how positive a parent or grandparent are you?
2.	Discuss which point was most helpful to you. Why?
3.	What is your current biggest challenge as a parent or grandparent?
4.	Where do you need to focus some parenting or grandparenting energy? What specifically will the next step look like?
5.	What book, class, or small group would best equip you to become the parent or grandparent you want to become?

